



TEAM: Greg and Charlotte Pye.

Fitness duo celebrate expansion

A WIRRAL fitness and complementary therapy company has opened a new centre after a successful first year in business.

Former Royal Marine commando Greg Pye and wife Charlotte have launched their personal training studio and therapy clinic in Banks Road, West Kirby.

The base contains a fully equipped gym with cardio machines, weights and boxing equipment. There are also changing and shower facilities.

To coincide with the move, the couple have recruited extra staff.

Welsh under-18 boxing champion Paul Economides will work with Greg

on the personal training side of the business.

Meanwhile, Julia Joinson joins the team as a therapist after 20 years working in the NHS, where she specialised in adult psychiatry and physiotherapy.

Jackie Fairweather, an expert in acupuncture, has also been recruited to offer a number of treatments.

Last year Body Solutions gained national media coverage for its pioneering personal training work with overweight children.

Greg, 27, said: 'We had a fantastic first year in business and our expansion is all about us wanting to

continue exceeding the demands of our clients.

'So many chains of gyms are unfriendly and impersonal. People can get bored with gyms so they need someone to motivate them and push them when they want to stop.'

The couple, who married in August 2003, met when they were pupils of Chester Catholic High School.

Charlotte was a dancer with the Northern School of Contemporary Dance in Leeds until she suffered a knee injury.

■ For further information, go to www.body-solutions.co.uk or call 0151 625 6001.